

Summary

Swasti Health Catalyst is a non profit organization which provides impactful, low cost, replicable health models and a range of technical support to make public health programmes successful. We are looking for a school counsellor to pioneer the emotional wellness component of our new i4we education model within 10 schools in Bangalore. At its core the i4we model is a system innovation in primary healthcare, which combines health and wealth interventions, and focuses on wellness for the poor in an affordable, quality assured and scalable way. The programme ensures the primary care of members, navigates them through a range of existing secondary and tertiary providers and uses a blended financing model. The model combines medical, behavioural and social science with an appropriate mix of technology and health financing. It is currently delivered in four settings – Urban, Rural, Factories and Sex Workers' collectives. Will soon be delivered within various schools to holistically address health issues faced by young children and teens.

Job Title

i4we School Counsellor

Job Overview

The i4we school counsellor will provide mental health support to school children, teachers and as well as to families. They will also provide coaching to peer counsellors, teachers and parents on how to deal with issues pertaining to emotional wellness. They will also be required to advocate and spread awareness of mental health issues to the broader public. As the health models is in the initial implementation phase the appointee will initially be required to assist with an assortment of responsibilities that may well extend beyond counselling. This will involve building relationships and partnerships with school faculty, building online information portal and helplines, primary and secondary research. They will also be required to provide support and strengthen already existing counselling services within the respective schools.

Duties and Responsibilities

- Work with school children, teachers and parents to improve mental health.
- Examine issues including bullying/cyber-bullying, depression, suicide and stress, self image, anger management, LGBTQ issues, relationships within the school context.
- Work with families
- Refer children to other psychologists and services where appropriate
- Strengthening already existing counselling services in 10 schools in Bangalore
- Liaising with healthcare professionals as part of a health management team.
- Providing resources and information specific to the clients need.
- Organize peer counselling and positive parenting programs
- Provide support in initiating online resources portal and helplines
- Evaluate and improve counselling programs

- Gather and analyse data to measure results
- Constructing innovative mechanisms to provide mental and emotional support to the unreached.
- Publicly working to eradicate stigma attached to mental health issues through advocacy and spreading awareness.

Qualifications and experience

- Bachelors degree in psychology,education,social work or any related field with psych course. A masters degree in a related field would be an asset.
- 2 years or more experience in providing counseling services, experience counselling children and adolescents would be highly preferable.
- Strong communication and listening skills both written and oral.
- Strong command of the English language and Hindi, knowledge of Kannada would be an asset
- High level of professionalism and confidentiality
- Strong organisational skills,management and team working skills
- Strong working knowledge of microsoft word, excel, powerpoint. Knowledge of record keeping computer systems and programs is essential
- Experience in documenting and protecting patient information
- Ability to respond effectively to the needs of a diverse student pool
- Sound judgement and emotional intelligence
- Ability to employ systems thinking to come up with effective solutions